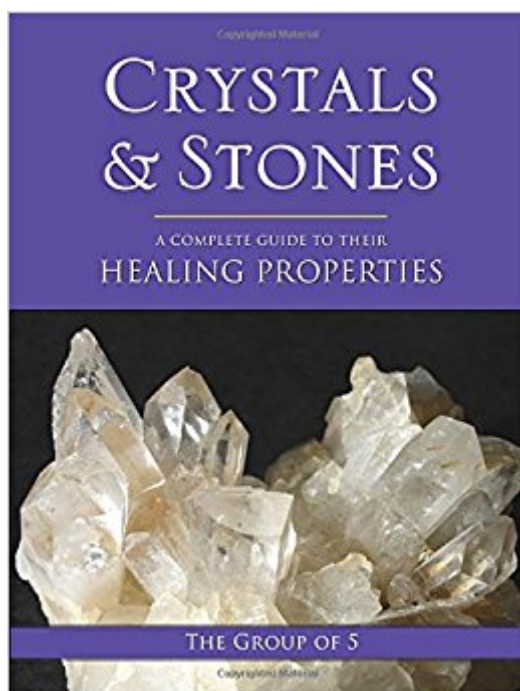


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# Crystals And Stones: A Complete Guide To Their Healing Properties (The Group Of 5 Crystals Series)



## Synopsis

Crystals and Stones: A Complete Guide to Their Healing Properties helps readers to incorporate the healing power of stones into daily life. Aimed at both beginners and experts, the book showcases nearly 200 crystals and stones, describing their impact on human beings' physical, mental, emotional, and spiritual states. The book begins with historical background and practical considerations, such as how stones work and how to clean and recharge their energy. The relationship of stones to chakras is explored, as are practices such as channeling via certain powerful crystals. The heart of the book is an A to Z guide covering everything from amber to zoisite that explains which stones are most effective for particular medical conditions, emotional and energy blockages, and spiritual impasses. Stones and crystals have been important tools for health and spiritual transformation for millennia. This book shows modern readers how to best utilize those tools. "If we could follow the step by step transformation of coal into diamond, we would discover what enabled Prince Siddhartha to 'awaken' and become this Being of Light known to this day as the Buddha." —from the book

## Book Information

Series: The Group of 5 Crystals Series

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Average Customer Review: 4.6 out of 5 stars 25 customer reviews

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## Customer Reviews

"[Crystals and Stones is] loaded with really great information, and for anyone who is looking for a superb book on stones and crystals, this is the book!" —Pajama Mommy

The Group of 5 evokes the five-branch star symbolizing the perfect man drawn by Leonardo da Vinci and represents the therapists who helped write this book. These therapists include Lisa Corbeil, Klaire D. Roy, Richard Frappier, Andre Lavoie, Gisele Lavoie, Johanne Marier, François Nicol, Sylvain Plante, Kristiane Roy, Jacqueline Sylvain, and Marcel Tardif.

This book has large, clear pictures, easy to understand explanations, and is arranged alphabetically, with an index arranged by ailment. The book setup is easy to navigate and find what you're looking for, and with the big pictures, it even helps you identify stones if you're unsure what they might be. It even contains a section on instructions for the use of the stones. I would recommend it to anyone who is just getting started using crystals and stones, because it contains everything you need to begin, minus the stones.

This book is set up like a dictionary. Information is easy to find, and it is easy to read and understand. The colors are beautiful. I believe that it is the best book on this subject on the market today.

Good reference...pictures are alright but crystals don't always look the same, do they? I mean, more variations of say Green Aventurine and others would be helpful as there are dark green ones and light green ones. I've used it quite a bit.

This was very informative. It is a good "dictionary" of the various crystals and stones and their use. I found it to be interesting and has become one of my go to guides.

Very good book for a beginner trying to learn about crystals.

This is by far the best book on crystals and stones ever. This is the best reference book on this subject for your library. I have many books related to crystals and stones, but this will be my primary reference book in my library. The information is relevant and the pictures of the stones are wonderful. I highly recommend this book to anyone interested in this subject matter.

bought this book for my boss she loves it I think she's read the whole thing by now. She said it was very informative

one of my golden standards for crystals. insightful and very rarely do i want to find a crystal that isn't in this book

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